

## ABSTRACT OF THE DISCLOSURE

5 The present invention relates to enriched milk with capsules containing certain nutrients, and the capsule is composed of a primary core which contains the nutrients, a second core layer which surrounds the primary core to prevent loss of the nutrients contained in the primary core and a outer layer which covers the second core layer to maintain the shape of the capsule, and wherein, the specific gravity of the total capsules is adjusted to be equal to that of milk.

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15 According to the present invention, nutrients deficient in milk can be supplemented by the encapsulation and addition of nutrients.